

LEWIS

HOSPITAL

Western Isles Hospital, Ospadal nan Eilean, Macaulay Road, Stornoway, Isle of Lewis. Phone: (01851) 704704

FACILITIES

210 beds –General Medicine, General Surgery, Geriatric Medicine, Psychiatry of Old Age, General Psychiatry, Gynaecology, Obstetrics, Orthopaedic and Anaesthetic. In addition the hospital provides Physiotherapy, Speech Therapy, Occupational Therapy, X-ray, Outpatients, Day Hospital, Respite Care, Pain Relief Clinic (Outpatients Department), Prosthetics, Chiropody, Diabetes Clinic, Dietetics, Orthotics and Wheelchair Service.
Visiting specialists – Dermatology, Urology and Child Psychiatry.

G.P. SURGERIES & HEALTH CENTRES

	Tel
Borve & Carloway Practice	(01851) 850282/643333
Broadbay Practice, The Health Centre, Springfield Road Stornoway	(01851) 703588
The Group & Habost Practice, The Health Centre, Springfield Road Stornoway	(01851) 703145/810689
North Lochs Medical Practice, Gleann Mor, Lochs,	(01851) 860222
Paire Medical Practice, Gravir	(01851) 880272
Uig & Bernera Practice, Meavag,	(01851) 672283

DISPENSING CHEMISTS

In areas without dispensing chemists, GPs provide the service.

K.J.MacDonald , Cromwell Street, Stornoway	(01851) 703131
Boots , Cromwell Street, Stornoway	(01851) 701769
Back Pharmacy , Vatisker, Back	(01851) 820333

COMMUNITY CLINICS & HEALTH CENTRES

Services provided: Chiropody, Speech Therapy, Physiotherapy, Community Psychiatric Nurses, Ante-natal, Diabetic, Dietetics, Child Hearing Assessment, Hearing Aid Batteries, Welfare Foods, Baby Clinics, Child Development, Parent Craft, Family Planning, Well Woman and Well Man clinics.
They are usually also the bases for MacMillan Nurses, District Nurses, Health Visitors and Community Psychiatric Nurses.

DISTRICT NURSES

<u>AREA</u>	Tel
Health Centre, Stornoway	(01851) 703545
Ness – Habost	(01851) 810468
Bragar	(01851) 463369
Uig – Bernera	(01851) 672255
Breasclete	(01851) 710264
Leurbost	(01851) 860471
North Lochs & Scalpay	(01859) 502126
Archway Practice Area	(01851) 703588

HEALTH VISITORS

<u>AREA</u>	
Health Centre, Stornoway	(01851) 703545
South Lochs & Harris	(01859) 502564
Ness – West Side	(01851) 810468
Archway Practice	(01851) 703588

DENTISTS

Bayhead Dental Practice, Stornoway	(01851) 702548
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OPTICIANS

Devine & Niven, Dumbarton Road, Glasgow	(0141) 339 9297
R. Doig, 36 Kenneth Street, Stornoway	(01851) 704200

SOCIAL WORK SERVICES

	Tel
Social Work Department, Stornoway	(01851) 703773
Faire, Community Alarm Service	(01851) 701702

PRIVATE RESIDENTIAL & NURSING HOMES FOR OLDER PEOPLE

<u>DETAILS OF HOME</u>	<u>NO. OF BEDS</u>	<u>MATRON</u>
Blar Bhuidhe Nursing Home Simon Street, Stornoway Phone No: (01851) 706067	40 beds	Mrs Jane Pearson
Bethesda Nursing Home Springfield Road, Stornoway Phone No: (01851) 70 6222/6241 Fax No: (01851) 706285 E-mail: bethesda.hospice@zetnet.co.uk	21 nursing beds 4 hospice beds	Mrs C A MacDonald

LOCAL AUTHORITY RESIDENTIAL HOMES FOR OLDER PEOPLE

<u>DETAILS OF HOME</u>	<u>NO. OF BEDS</u>
Dun Eisdean Westview Terrace, Stornoway Phone No: (01851) 703335	34 long stay beds, (10 beds in a Dementia Unit) 4 Day Care, 2 respite beds
Dun Berisay Balmerino Drive, Stornoway Phone No: (01851) 702765	30 long stay beds, 6 respite beds 1 Emergency

LOCAL AUTHORITY RESIDENTIAL HOME FOR ADULTS WITH LEARNING DISABILITIES

<u>NAME OF ESTABLISHMENT</u>	<u>NO. OF PLACES</u>
Ardseileach Residential Home MacDonald Road, Stornoway Tel: 01851 704365	16 Places (13 permanent, 2 planned respite, 1 emergency)

LOCAL AUTHORITY CARE UNITS

<u>NAME OF UNIT</u>	<u>NO. OF PLACES</u>
Back Care Unit, 5/6 Ionad Phoil, School Road, Vatisker Tel: (01851) 820636	4 Places (Respite & Long Term Care)
Carloway Care Unit Tel: (01851) 643254	4 Places (Respite & Long Term Care)
Crowlista Care Unit, 11/12 Erista, Uig Tel: (01851) 672303	4 Places (Respite & Long Term Care)
Dun Innes Care Unit, 9/10 Dun Innes, Kirkibost Great Bernera Phone No: (01851) 312338	4 Places (Respite & Long Term Care)
Garrabost Care Unit, 1 An Glibe, Garrabost, Point Tel: (01851) 870961	4 Places (Respite & Long Term Care)
Gravir Care Unit Tel: (01851) 880392	4 Places (Respite & Long Term Care)
South Dell Care Unit, Graham Park, Ness Tel: (01851) 810751	4 Places (Respite & Long Term Care)

SHELTERED HOUSES

<u>ESTABLISHMENT</u>	<u>NO. OF HOUSES</u>	<u>RUN BY</u>
South Dell, Ness (Res. Warden)	7 de-sheltered	CnES
Crowlista, Uig (Res. Warden)	1 sheltered, 4 de-sheltered	CnES
Kirkibost (Res. Warden)	2 sheltered, 3 de-sheltered	CnES
Dun Berisay	12 sheltered	CnES
Murray Place	24 sheltered	CnES
Garrabost, Point	3 sheltered	CnES
Barvas (Res. Warden)	8 sheltered, 4 de-sheltered	CnES
Gravir	4 sheltered, 2 de-sheltered	CnES
Leurbost (Warden)	1 sheltered, 4 de-sheltered	CnES
North Tolsta (Warden)	1 sheltered, 6 de-sheltered	CnES
Back (Resident Warden)	3 sheltered	CnES
Carloway	1 sheltered, 5 de-sheltered	CnES

DAY CLUBS

	Tel
BERNERA COMMUNITY CLUB – Day Club Joan MacAulay, 15 Kirkbost, Bernera	(01851) 612309
BRAGAR DAY CARE CENTRE Flora MacLeod, 20/22 Doune Park, Bragar	(01851) 710 386
CAIRDEAN CORDAIL CEANN A LOCH – Lochs Day Club Mrs Etta MacDonald, 10 Tomair, Balallan, Lochs	(01851) 830216
CAIRDEAS – Grianan	(01851) 703443
CAIRDEAN – Tong Day Club Ann MacKerracher, Post Office, Tong	(01851) 704778
MONDAY CLUB (Stornoway) Monday Club (Grianan), Stornoway	(01851) 703443
NESS MONDAY CLUB Mrs Mary Murray, 3 St. Ronan’s Drive, Lionel, Ness	(01851) 810578
RED CROSS Mrs Janet Buchanan, 7 Bayhead, Stornoway	(01851) 702897
STORNOWAY OLD PEOPLE’S WELFARE ASSN Mrs Pamela Elliot, Ivy Cottage, 36 Upper Aird, Point	(01851) 870853
SUNSHINE CLUB (Stornoway) Grianan, Westview Terrace, Stornoway	(01851) 703443
TOLSTA’S GOLDEN AGE GROUP Mary Maciver, 44 North Tolsta	(01851) 890267

RETIREMENT CENTRES

Lewis Retirement Centre, Bayhead, Stornoway. Tel. 01851 704004
Contact person – Mrs Pamela Elliott, Ivy Cottage, 36 Upper Aird, Point
Tel. 01851 870853

LOCAL AUTHORITY DAY CENTRES

NAME OF ESTABLISHMENT

NO. OF PLACES

Grianan Day Centre

Phone No: (01851) 703443

58 places, Physical, Mental Health
& Learning difficulties.

Ardseileach Day Centre

Phone No: (01851) 704342

30 places per day
(Learning difficulties)

Bragar Day Centre, 20 Doune Park

Phone No: (01851) 710250

10 day care places

VOLUNTARY SERVICES

<u>SERVICE</u>	<u>CONTACT</u>	<u>Tel.</u>
A A Lewis	9 Springfield Road	(01851) 702221
Advocacy Western Isles		(01851) 701755
Alzheimer's' Scotland (Lewis)	Katie MacPherson	(01851) 702123
Arthritis Care	Mrs Morag Macleod	(01851) 706745
Breast Cancer Scanner Group	Maggie Smith	(01851) 860204
Breast Cancer Support Group	Ms Jan Campbell	(01851) 820267
Cancer Research	Catriona MacDonald	(01851) 702989
Care and Repair Project	Tighean Innse Gall	(01851) 704347
Cancer Relief	Mrs Mabel MacLeay	(01851) 705182
Chest, Heart & Stroke	Sue Hill	(01859) 530461
Citizens Advice Bureau	Mr Roddy Nicolson	(01851) 705727
Counselling & Family Mediation (Western Isles)		(01851)706868
Crossroads Care Scheme (Lewis)		(01851) 705422
Cystic Fibrosis Research Trust	Mrs J Tierney	(01851) 704948
Cul Taic	Ms E MacIntyre	(01851) 704643
Deaf & Friends of the Deaf	Mr Angus Murray	(01851) 820515
Debt Advice Line	Mrs Helen Smith	(01851) 706088
Diabetes UK	Mr John Fairgrieve	(01851) 870710)
Disability Lewis – Shopmobility Scheme, 2 Harbour View		(01851) 709920
Disabled Scouts	Mr Ian Denny	(01851) 703773
Enable	Ms Mairi Morrison	(01851) 703154
Hearts and Minds	Ms M A Montgomery	(01851) 706214
Hebridean Talking Newspaper	Mrs Meg Thompson	(01851) 703812
HIV, Drugs, Alcohol & Smoking	Health Promotion Dept	(01851) 702712
HIV Counselling Support Service		(01851)706267
Hyperbaric Unit	Mrs M.A.MacLeod	(01851) 702324
Lewis Breast Cancer Support Group		(01851) 700345
Lewis Disabled Access Panel	G Thomas	
League of Friends (Stornoway)	Ospadal nan Eilean	(01851) 701802
Leukaemia Research Fund	Maria Scaramuccia	(01851) 704002

Lewis Befriending Service	Mr Murdo Morrison	(01851) 702632
Lewis Community Care Forum	Ishbel Graham	(01851) 705422
Lewis Retirement Centre	Mrs Pamela Elliot	(01851) 704004 (01851) 870853
Lewis St. Supported Accommodation	Mr Calum Mackay	(01851) 706888
Lewis Stress Management Consultancy		(01851) 703063
Lifestyle Centre	Esther Jamieson	(01851) 701010
Macmillan Cancer Relief Fund	Mrs M Murray	(01851) 820899
Macmillan Nurses		(01851) 704704 ext 2401
ME Association	Miss Ann Campbell	(01851) 820647
MS Society	Ms M Smith	(01851) 703396
N C H Action For Children	Ms Sheila Erskine	(01851) 705080
Pain Association (Western Isles)	Dr Than	(01851) 704704 Ext 2113
Penumbra	Ms Linda McSorley	(01851) 706360
PHAB Club (Physically Handicapped and Able Bodied)	Ms Liz Carmichael	(01851) 705818
Red Cross	Mrs Janet Buchanan	(01851) 702897
REMAP (One-off Disabled Equipment) Western Isles)	Mr Peter MacDonald	(01851) 870137
Salvation Army		(01851) 705676
Samaritans	Mrs Susan Coleman	(01851) 703777
Taigh Blath		(01851) 701060
Victim Support (Western Isles)	Ms Denise Croft	(01851) 710790
Volunteer Centre (Western Isles)		(01851) 707207
Western Isles Association for Mental Health (WIAMH)		(01851) 704964
Women's Aid (Western Isles)		(01851) 704750
Want To Talk Information and	Lifestyle Centre	(01851) 701010

Counselling Service	Town Hall	
Western Isles Carers, Users and Supporters Network (WICUSN)		
P O Box 16, Voluntary Action Lewis		(01851) 702632
Western Isles Community Care Forum		
	Old Hostel, Tarbert	(01859) 502588
Western Isles Disability Sports		(01851) 709920/ 701105
W I Kidney Patients Association	Martin Macleod	(01851) 705395

G.P. SURGERIES

North Harris Medical Practice, Tarbert

Tel. No: (01859) 502421

The Surgery, Ferry Road, Leverburgh

Tel. No: (01859) 520278

The Clinic, Scalpay

Tel No: (01859) 540275 Branch – 1 day

Loch House, Geocrab

Tel No: (01859) 520278 Branch – 1 day

COMMUNITY CLINICS

Services provided include: Chiropody, Speech Therapy, Physiotherapy, Psychiatry, Ante-natal, Dietetics, Child Hearing Assessment, Hearing Aid Batteries, Welfare Foods, Baby Clinics, Child Development, and Parent Craft. They are usually also the bases for MacMillan Nurses, District Nurses, Health Visitors and Community Psychiatric Nurses

DISTRICT NURSES

<u>AREA</u>	Tel
Leverburgh / South Harris	(01859) 520384
Scalpay	(01859) 502126
Tarbert	(01859) 502126

HEALTH VISITORS

Harris	(01859) 502042
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DENTISTS

Tarbert Dental Practice, Tarbert	(01859) 502015
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OPTICIAN

Devine & Niven, Dumbarton Rd, Glasgow (Visiting)	(0141) 3399297
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SOCIAL WORK SERVICES

Social Work Department, Tarbert	Tel (01859) 502367
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ELDERLY CARE HOMES – Private

<u>DETAILS OF HOME</u>	<u>NO. OF BEDS</u>	<u>MATRON</u>
Leverburgh Home of Rest Ferry Road, Leverburgh	14 beds	Mrs M Macsween Phone No: (01859) 520296

ELDERLY CARE HOMES – LOCAL AUTHORITY

<u>DETAILS OF HOME</u>	<u>NO. OF BEDS</u>	<u>TEAM LEADER</u>
Harris House Leverhulme Road, Tarbert Phone No: (01859) 502194	20 beds 2 Day Care beds 2 Respite Care Beds	Miss Joan Macaskill

LOCAL AUTHORITY CARE UNITS

<u>NAME OF UNIT</u>	<u>NO. OF PLACES</u>	<u>WARDEN</u>
Scalpay Care Unit, 7 Creah Aonaich, Scalpay Tel: (01859) 540321	4 places	Mrs C Macrae

LOCAL AUTHORITY DAY CENTRES

<u>NAME OF ESTABLISHMENT</u>	<u>NO. OF PLACES</u>	<u>TEAM LEADER</u>
Harris House Phone No: (01859) 502194	2 places	Miss Joan Macaskil

SHELTERED HOUSES

<u>ESTABLISHMENT</u>	<u>NO. OF HOUSES</u>
Leverburgh (Resident Warden)	3 Sheltered, 3 de-sheltered
Tarbert (Intercom Harris House)	10 Sheltered, 2 de-sheltered
Scalpay (Resident Warden)	1 Sheltered, 4 de-sheltered

ALZHEIMER SCOTLAND ACTION ON DEMENTIA

<u>CONTACT</u>	Tel
National Help Line	(0800) 808 3000
Alzheimer's Day Centre Mrs Alice Smith	(01859) 520444

ADVICE & INFORMATION

<u>NAME OF SERVICE</u>	Tel
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ADSAT (Alcohol, Smoking & Drugs Action Team) Dun Berisay, Stornoway	(01851) 701585
Western Isles Community Care Forum, Tarbert	(01859) 502588
Comhairle nan Eilean Siar, Tarbert	(01859) 502367
Harris Voluntary Service, Old Hostel, Tarbert	(01859) 502171
Harris Citizens Advice Bureau, Pier Rd., Tarbert	(01859) 502431

VOLUNTARY SERVICES

<u>NAME</u>	<u>CONTACT</u>	
Advocacy Western Isles		(01851) 701755
Arthritis Care	Mary MacAulay	(01859) 502037
Crossroads	Mrs M.Munro	(01859) 502171
Citizens Advice Bureau	Mrs C. Morrison	(01859) 502431
Harris Community Care Forum	Mrs K Macleod	(01859) 502171
Harris Disabled Access Panel	WICCF	(01859) 502588
Harris Disabled Group	Miss Effie MacLennan	(01859) 540330
Harris Funeral Association	Mr B Weir (Secretary)	(01859) 530262
Harris Mutual Improvement Association	Mr Robert MacKinnon	01859) 502168
Harris Voluntary Service	Mrs M Munro	(01859) 502171
League of Friends of Harris House	Mrs F A Morrison	(01859) 502067
League of Friends of Scalpay Care Unit	Mrs M Cunningham	(01859) 540281
Scottish Health Council	Mr D Crichton	(01851) 703292
Taighean Ceann a Tuath na Hearadh	Mr K Macdonald	(01859) 511209
Tarbert Day Centre	Miss Mary Macaulay	(01859) 502037
Voluntary Centre (W Isles)	Mrs E McNally	(01859) 502575

UIST

HOSPITAL

DETAILS OF HOSPITAL

Ospadal Uibhist agus Bharraigh

Balivanich

Benbecula

(01870) 603603

Hospital Manager (01870) 603607

Ward Manager (01870) 603622

FACILITIES

29 beds; Theatre; Recovery area; Accident & Emergency; Maternity; Outpatients; X-Ray Area; Dental Suite; Re-hab (Physiotherapy, Occupational Therapy); Pharmacy; Library

GP SURGERIES

The Surgery, Lochmaddy, North Uist

Phone No: (01876) 500333 Fax No: (01876) 500877

South Uist Medical Practice, Daliburgh, South Uist

Phone No: (01878) 700302 Fax No: (01878) 700675

The Surgery, Grinish, Benbecula

Phone No: (01870) 602215 Fax No: (01870) 602630

HEALTH CENTRES

DETAILS OF HEALTH CENTRE

FACILITIES

Balivanich Community Clinic

Phone No: (01870) 602266

Fax No: (01870) 602037

Podiatry, Child Health Clinic,
Psychiatry, Midwifery

Midwives, Community Clinic, Balivanich (01870) 603354

Podiatry: please contact the Podiatry Department, Western Isles Hospital, (01851) 708285 between 9.15am – 10.15am and 2pm – 3pm.

Outwith these hours a voice mail service is available.

DISPENSING CHEMISTS

In Uist & Barra this service is provided by GP surgeries

DISTRICT NURSES ON CALL - OUT OF HOURS TELEPHONE NUMBERS

(5pm-9am daily, all weekends and Public Holidays)

North Uist (01876) 500309 South Uist/Benbecula/Eriskay (01870) 602161

COMMUNITY NURSES

<u>DISTRICT</u>	<u>ADDRESS</u>	<u>Tel</u>
North Uist	Nurses Room, Lochmaddy Surgery	(01876) 500309
Benbecula to Drimsdale	Balivanich Clinic	(01870) 602266
South Uist/Eriskay (to Howmore)	Nurses Room, Daliburgh Surgery	(01878) 700442

OTHER NURSING SERVICES

MacMillan Nurses		
Ms Mary Nolan, 25 Winfield Way, Balivanich		(01878) 700375
Ms Lorna Senior, 25 Winfield Way, Balivanich		(01870) 603010
Community Psychiatric Nurse		
Mr John MacLean, 46 Winfield Way, Balivanich		(01876) 510325 (01870) 602918

NURSES COTTAGES / CLINICS

25 Winfield Way , Balivanich, Benbecula	(01870) 902918
Nurse's Room , Lochmaddy Surgery, North Uist	(01876) 500309
Nurse's Room , Daliburgh Surgery, South Uist	(01878) 700442
Midwifery Team , Balivanich Clinic	(01870) 603354

HEALTH VISITORS

Mrs Alison MacVie	Balivanich Clinic	(01870) 602266
Mrs Susan Matheson	Nurses Room, Daliburgh Surgery	(01878) 700442

DENTAL SERVICES

The Lochmaddy Dental Clinic	(01876) 500242
The Benbecula Dental Clinic	(01870) 602178
Dental Hygienist (Ospadal Uibhist agus Bharraigh)	(01870) 603615

OPTICIAN SERVICE

Glasgow (visiting) Devine & Niven	(0141) 339 9297
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SPEECH THERAPY

Ms Chris Lapsley	Winfield Way, Balivanich	(01870) 603421
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OCCUPATIONAL THERAPY

Council Offices, Balivanich	(01870) 602425
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SOCIAL WORK SERVICES

SOCIAL WORK SERVICE	Tel
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**Social Work Department
Comhairle nan Eilean Siar
Balivanich**

(01870) 602425

LOCAL AUTHORITY ELDERLY RESIDENTIAL CARE HOMES

<u>DETAILS OF HOME</u>	<u>NO. OF BEDS</u>	
Trianaid Residential Home Carinish, North Uist	12 beds	(01876) 580202
Uist House, Daliburgh	23 beds	(01878) 700338

LOCAL AUTHORITY CARE UNIT

<u>DETAILS OF CARE UNIT</u>	<u>NO. OF PLACES</u>	
Iochdar Care Unit Iochdar, South Uist	4 places	(01870) 610311

SHELTERED HOUSING

<u>DETAILS OF ESTABLISHMENT</u>	
Bruach Gorm Sheltered Houses (Warden at Trianaid) 4 Sheltered, 2 de-sheltered	(01876) 580 202
Daliburgh Sheltered Houses (Warden at Uist House) 6 Sheltered, 4 de-sheltered	(01878) 70022
Iochdar, South Uist 3 Sheltered	(01870) 610311

ALZHEIMER AND CROSSROADS CARE

<u>CONTACT</u>	
National Helpline	(0800) 808 3000
Tagsa Uibhist East Camp, Balivanich	Tel: (01870) 602111
Mrs Cathy Mackinnon	Fax: (01870) 603450

ADVICE AND INFORMATION

<u>NAME OF SERVICE</u>	Tel
Uist Community Care Forum Chairperson: Mrs Jean Branagan	(01876) 580650
Western Isles Council Social Work Department, Balivanich Day Care Officer (Stornoway)	(01870) 602425 (01851) 703443
Uist Council of Voluntary Organisations 41 Airport Road, Balivanich	(01870) 602117
Uist Citizen's Advice Bureau 45 Winfield Way, Balivanich	(01870) 602421
Scottish Health Council	(01870) 602067
Western Isles Counselling Service Uist & Barra (contact Stornoway)	(01851) 706868
ADSAT (Alcohol, Smoking & Drugs Action Team) Dun Berisay, Stornoway	(01851) 701585
Alcoholics Anonymous – Uist Branch	(01878) 700630 (01876) 540253 (01876) 560310 (01870) 602396
Department of Works & Pensions (Benefits) 4 Druim na h-Airde, Balivanich	(01870) 602466
Soldiers, Sailors & Airforce Families Association Rev John Smith, Hamersay, Clachan, N Uist	(01876) 580332
Western Isles Care & Repair Mr J MacAuley, 23 Winfield Way, Balivanich	(01870) 603177
OFTTI	(01851) 770508

VOLUNTARY GROUPS

<u>GROUP / CONTACT</u>	<u>ADDRESS</u>	<u>Tel</u>
Tagsa		
Mrs C.MacKinnon	East Camp, Balivanich	(01870) 602111
Advocacy Western Isles	27 Bayhead St, Stornoway	(01851) 701755
Bayhead & Sollas Senior Citizens Club		
Mrs Mary Stewart	Cnoc Sitheil, Sollas	(01876) 560214
Benbecula Women's Guild		
Mrs Kate MacRury	Nunton, Benbecula	(01870) 602168
British Red Cross Society		
Mrs L. MacLeod	Tigh na Hearadh, Lochmaddy	(01876) 500224
Cancer Relief		
Mrs P.Martin	254 Daliburgh, South Uist	(01876) 700316
Eaval Club Anne Rabbitts	6 Carinish, Lochmaddy	(01876) 580328
Gerinish Senior Citizens Club		
Margaret Gilfedder		(01870) 602250
Lochmaddy Afternoon Club		
Don Campbell, Fairview, North Uist		(01876) 500239
Lunnaig (Eriskay) Senior Citizens Club		
Mary MacNeil		(01871) 810552
Caladh Trust		
Rev I Macaskill, Myrtle Cottage, Lochboisdale		(01878) 700247
<u>or</u> Penny Macleod, Mission House, Grimsay		(01870) 603340
UCVO Trust Fund for the Disabled		
Chris Atkin, 41 Airport Rd, Balivanich		(01870) 602117
Uist Disabled Access Panel		(01870) 602617
Uruchadh Uibhist		(01876) 580390
Volunteer Centre (Western Isles)		(01870) 602604

BARRA

HOSPITAL

St. Brendan's Hospital

Castlebay, Isle of Barra.

3 Long stay beds, 2 GP transit beds,
dental suite and physiotherapy department.

Tel. No: (01871) 810465

Residential Homes

St. Brendan's Home

Tel. No: (01871) 810465

Day Care Facilities

St. Brendan's Hospital

Tel. No: (01871) 810465

Dental Services

St. Brendan's Hospital

Tel. No: (01871) 810400

Physiotherapy

St. Brendan's Hospital

Tel. No: (01871) 810651

GP SURGERIES

Health Centre (daily Surgery)

Castlebay Surgery & Primary Care Centre
Phone No: (01871) 810282

Visiting Consultant &
Chiropodist

Practice Nurses

Phone No: (01871) 810282

OCCUPATIONAL THERAPIST

Occupational Therapist
Council Offices
Comhairle nan Eilean Siar
Balivanich

(01870) 602425

SPEECH THERAPY

Speech Therapist

25 Winfield Way

(01870) 603421

PODIATRY

For appointments, contact the Podiatry Department, Western Isles Hospital on **01851 708285** between 9.15am - 10.15 and 2pm – 3pm. A voice mail service is available outwith these hours.

OPTICIAN SERVICES

DETAILS OF OPTICIANS (Visiting)	Tel
Specsavers	(01463) 241341
Glasgow Devine & Niven	(0141) 3399297

COMMUNITY NURSES

District Nurses, Clach Mhile Surgery	(01871) 810665
Community Physciatric Nurse	(01871) 810665
Community Nurses' Room St Brendan's Hospital	(01871) 810510

HEALTH VISITOR

Community Nurses Room, St Brendan's Hospital	(01871) 810510
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MACMILLAN NURSES

Ms Mary Nolan	25 Winfield Way, Balivanich	(01878) 700375
Ms Lorna Senior	25 Winfield Way, Balivanich	(01870) 603010

SOCIAL WORK SERVICE

Social Work Department Comhairle nan Eilean Siar Castlebay	(01871) 810311
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SHELTERED HOUSING

St Michael's Cottage, Castlebay	6 Sheltered, 3 de-sheltered.
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DAY CLUBS

Barra Day Club 7 Places Contact: Mary Flora Macdonald (01871)890384

VOLUNTARY SERVICES

Pensioners Club / Tuesday Club	(01871) 810552
Mary MacNeil	(01871) 810401
MacMillan – Fundraising Committee	
Katie MacNeil	(01871) 810262

ADVICE AND INFORMATION

<u>NAME OF SERVICE</u>	Tel
Western Isles Community Care Forum Old Hostel, Tarbert, Harris	(01859) 502588
Comhairle nan Eilean Siar Social Work Department, Castlebay	(01871) 810311
Voluntary Action Barra & Vatersay Contact: Jessie MacNeil	(01871) 810401
Citizens Advice Bureau Betty MacAteer	(01871) 810608
Advocacy Western Isles – see page	(01851) 701755
Barra Disabled Access Panel	(01871) 890293
Tighean Innse Gall – Stornoway (Local Housing Agency)	(01851) 706121
Western Isles Counselling Service Uist & Barra – (contact Stornoway)	(01851) 706868
Cobhair Bharraidh (Alzheimer Scotland Action on Dementia & Crossroads) Morag Robertson	(01871) 810906
ADSAT (Alcohol, Smoking & Drugs Action Team) Dun Berisay, Stornoway	(01851) 701585
Travel Office	(01871) 810532
OFTTI (Training & supported employment for people with Special Needs)	(01871) 890765
Volunteer Centre (Western Isles)	(01871) 810807