



WESTERN ISLES MAPPING OF VOLUNTARY SECTOR CARE SERVICES

(Funded by the Western Isles Change Fund)

**WESTERN ISLES COMMUNITY CARE FORUM
ROOM 14, COUNCIL OFFICES, TARBERT, ISLE OF HARRIS HS3 3BG
Tel: 01859 502588 Email: westernislescfc@virginmedia.com
(WICCF is jointly funded by WIHB and CnES)**

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Updated versions of this booklet can be found on our website:

www.wiccf.co.uk

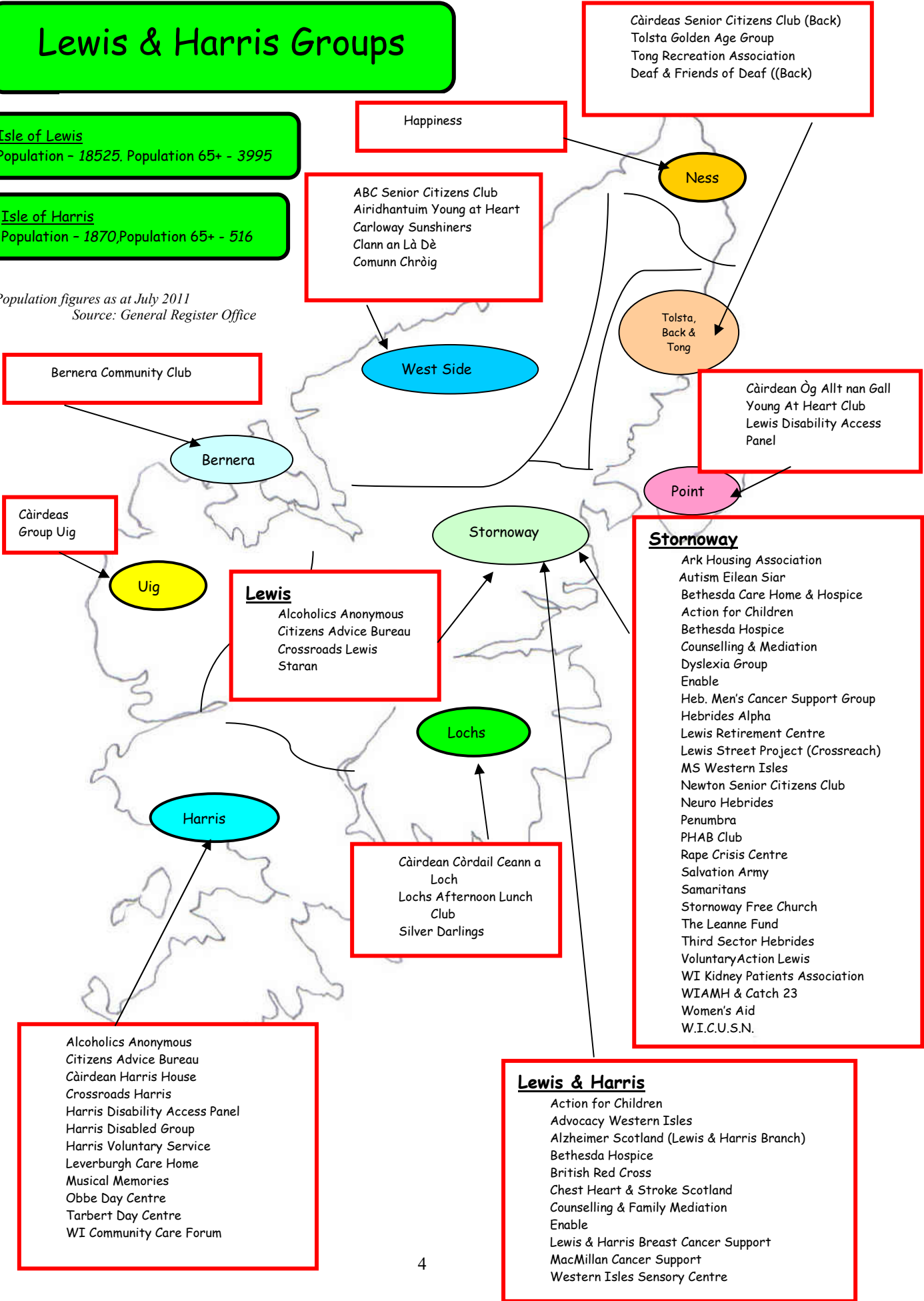
LEWIS & HARRIS

Lewis & Harris Groups

Isle of Lewis
Population - 18525, Population 65+ - 3995

Isle of Harris
Population - 1870, Population 65+ - 516

Population figures as at July 2011
Source: General Register Office



Càirdeas Senior Citizens Club (Back)
Tolsta Golden Age Group
Tong Recreation Association
Deaf & Friends of Deaf ((Back))

Happiness

ABC Senior Citizens Club
Airidhantuim Young at Heart
Carloway Sunshiners
Clann an Là Dè
Comunn Chròig

Tolsta,
Back &
Tong

Càirdean Òg Allt nan Gall
Young At Heart Club
Lewis Disability Access
Panel

Bernera Community Club

Bernera

Càirdeas
Group Uig

Uig

Lewis
Alcoholics Anonymous
Citizens Advice Bureau
Crossroads Lewis
Staran

Stornoway

Stornoway
Ark Housing Association
Autism Eilean Siar
Bethesda Care Home & Hospice
Action for Children
Bethesda Hospice
Counselling & Mediation
Dyslexia Group
Enable
Heb. Men's Cancer Support Group
Hebrides Alpha
Lewis Retirement Centre
Lewis Street Project (Crossreach)
MS Western Isles
Newton Senior Citizens Club
Neuro Hebrides
Penumbra
PHAB Club
Rape Crisis Centre
Salvation Army
Samaritans
Stornoway Free Church
The Leanne Fund
Third Sector Hebrides
VoluntaryAction Lewis
WI Kidney Patients Association
WIAMH & Catch 23
Women's Aid
W.I.C.U.S.N.

Càirdean Còrdail Ceann a
Loch
Lochs Afternoon Lunch
Club
Silver Darlings

Lochs

Harris

Alcoholics Anonymous
Citizens Advice Bureau
Càirdean Harris House
Crossroads Harris
Harris Disability Access Panel
Harris Disabled Group
Harris Voluntary Service
Leverburgh Care Home
Musical Memories
Obbe Day Centre
Tarbert Day Centre
WI Community Care Forum

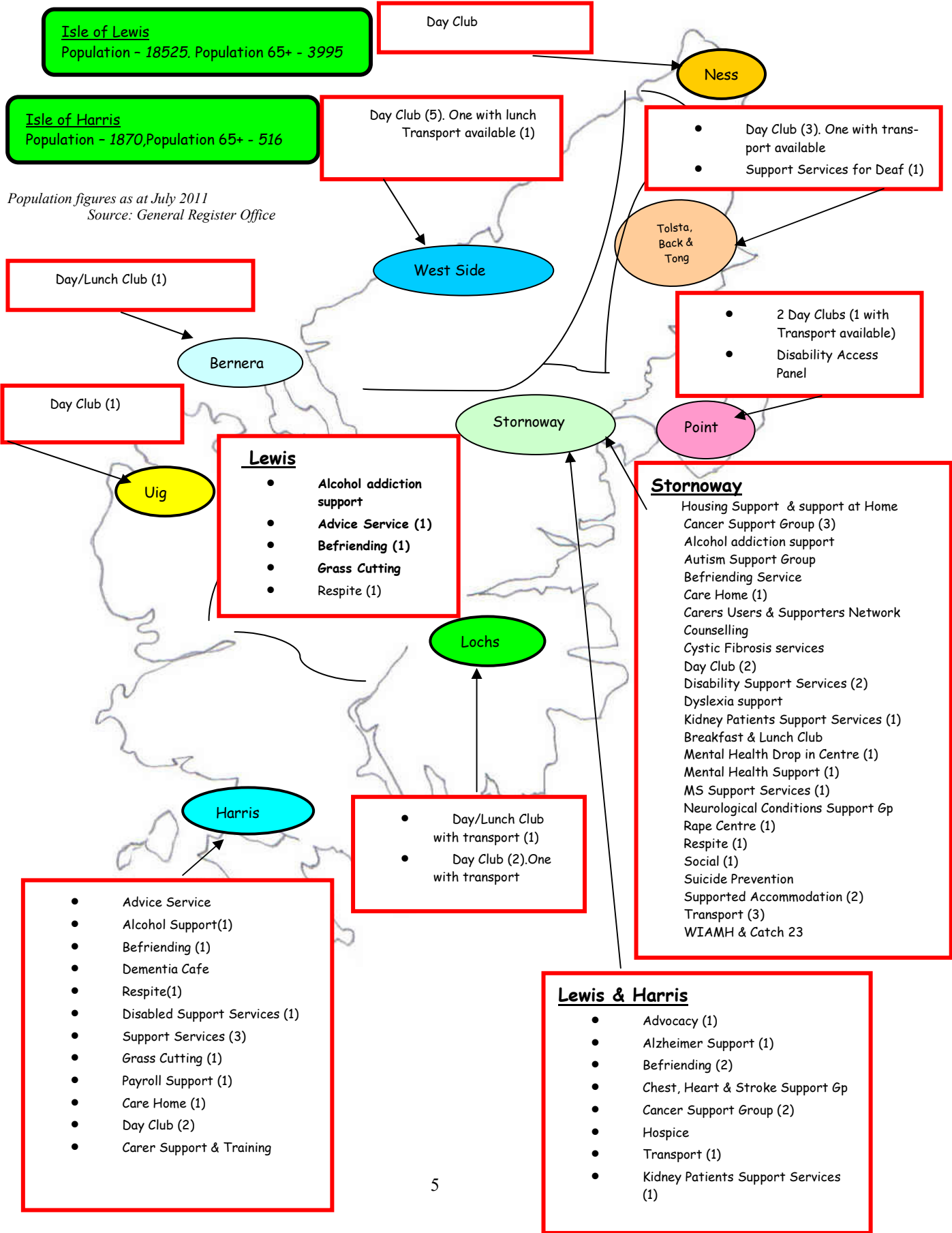
Lewis & Harris
Action for Children
Advocacy Western Isles
Alzheimer Scotland (Lewis & Harris Branch)
Bethesda Hospice
British Red Cross
Chest Heart & Stroke Scotland
Counselling & Family Mediation
Enable
Lewis & Harris Breast Cancer Support
MacMillan Cancer Support
Western Isles Sensory Centre

Lewis & Harris Services

Isle of Lewis
Population - 18525. Population 65+ - 3995

Isle of Harris
Population - 1870. Population 65+ - 516

Population figures as at July 2011
Source: General Register Office



Lewis & Harris Groups & Services

Ness

Happiness

Day Club (Lunch included)

West Side

ABC Senior Citizens Club (Breacleite)

Day Club

Airidhantuim Young at Heart (Barvas)

Day Club

Carloway Sunshiners

Day Club (Lunch included)

Transport (Community Bus)

Clann an Là an Dè (Shawbost)

Day Club

Comunn Chròig (Barvas)

Day Club

Tolsta, Back & Tong

Càirdeas Senior Citizens Club

(Back)

Transport available

Deaf & Friends of Deaf

(Back)

Site Office Only

Tolsta Golden Age Group

Social Day Club

Tong Recreation Association

Social Day Club

Point

Càirdean Òg Allt nan Gall (Aiginish)

Day club with transport available

Young At Heart Club

Day Club

Lewis disability Access panel

Disability Issues & Advice

Bernera

Bernera Community Club (Breacleite)

Day Club (Lunch included)

Lochs

Càirdean Còrdail Ceann a Loch (Ballalan)

Home Support

Transport available

Lochs Afternoon Lunch Club

Day Club

Silver Darlings (N. Lochs)

Day Club

Uig

Càirdeas Group Uig

Day Club

Harris

Alzheimer Scotland (Lewis & Harris Branch)

Dementia Café

Alcoholics Anonymous

Càirdean (Harris House) Tarbert

Befriending

Crossroads (Harris) (Tarbert)

Support at Home
Respite Care
Night Care
Transport

Harris Disability Access Panel (Finsbay)

Indirect Support

Harris Disabled Group (Tarbert)

Support Services

Harris Voluntary Service (Tarbert)

Grass Cutting
Admin Services(SDS)

Leverburgh Care Home

Care Home

Musical Memories

Dementia Support Group

Obbe Day Centre

Day Club

Tarbert Day Centre

Day Club

WI Community Care Forum

Carer Support & Training
Vol Care Org Forum

Stornoway based

Lewis & Harris

Action for Children

Various support for young people incl.
Respite, addt. Support needs, substance mis-use,
learning disabilities, family support, assisted
therapy unit

Advocacy Western Isles

Independent Advocacy Support

Alzheimer Scotland (Lewis & Harris Branch)

Befriending
Day Care
Medical/Mental Health
Respite
Short Breaks
Transport

British Red Cross

Home Support
Medical
Transport

Chest, Heart & Stroke Scotland

Befriending
Support at Home
Transport
Telephone/Web Access

Lewis & Harris Breast Cancer Support Group

Befriending
Home Support
Medical/Mental
Respite
Short Breaks
Transport

MacMillan Cancer Support

Cancer Support Services

Western Isles Sensory Centre

Information
Advice
Equipment Demonstration
Training
Assessment

Lewis

Alcoholics Anonymous

Alcohol addiction support

Citizens Advice Bureau

Advice

Crossroads Lewis

Befriending
Palliative Care
Respite
Short Breaks
Support at home
Transport

Staran

Grass Cutting
Transport

Voluntary Action Lewis

Befriending Service

Stornoway

Ark Housing Association

Housing Support and Support at Home
For Learning Disabilities/Mental health

Autism Eilean Siar

Support Group for people with Autism and
their carers

Bethesda Care Home/Hospice

Respite
Hospice Care
Long Term Care

British Red Cross

Medical
Home Support
Transport

Counselling & Family Mediation

Medical/Mental Health Support

Crossroads Care Attendant Scheme

Befriending
Support at Home
Respite
Palliative Care
Short Breaks
Transport

Dyslexia Group

Awareness
Signposting

Dial a Bus (Third Sector Hebrides)

Transport
Befriending

Hebridean Men's Cancer Support Group

Drop In Centre
Befriending
Visits
Benevolent Fund

Hebrides Alpha

Supported Accommodation

Lewis & Harris Breast Cancer Support Group

Medical/Mental Support
Home Support
Befriending
Respite
Short Breaks

Lewis Retirement Centre

Day Club
Lunch Club
Art Club
Transport

Lewis Street Project - Crossreach

Supported Accommodation

MS Western Isles

Respite
Short Breaks

Newton Senior Citizens Club

Day Club

Neuro Hebrides

Support group for neurological conditions

Penumbra

Person centred Support in the Community

Salvation Army

Breakfast & lunch Clubs for elderly, homeless, alcoholics

Samaritans

Covers Western Isles
Suicide prevention
Befriending/Counselling

Staran

Short Breaks
Transport

Stornoway Free Church (MA Memorial Hall)

Social Interaction
Transport Support

Sty PHAB Club

Befriending
Social

The Leanne Fund

Covers Western Isles and Highland Region
Practical help for Cystic Fibrosis patients and family

Tighean Innse Gall

Day Clubs
Care in the Home
Home Improvement
Home Safety & Access
Tele care

Voluntary Action Lewis

Befriending Service

Volunteer Centre

Volunteer Support
Support groups that use older volunteers

Western Isles Carers & Users Support Network

Help and support family carers

Western Isles Kidney Patients Association

Support for young & old who suffer renal problems

Western Isles Rape Crisis Centre

Support for women who have been raped
Female adult survivors of Child Abuse

Western Isles Women's Aid

Refuge
Support

WIAMH & Catch 23

Befriending
Medical/Mental Health

Lewis & Harris Contacts

Group Name	Contact Number	Address
ABC Senior Citizens Club	01851 621218	Breasclete Community Hall, Breasclete, Isle of Lewis
Action for Children	01851 705080	30 Bayhead Street, Stornoway, Isle of Lewis
Advocacy, Western Isles	01851 701755	Lamont Lane, Bayhead, Stornoway, Isle of Lewis
Airidhantunim Young at Heart	01851 850423	c/o Eileannor MacLeary, Alt Glas, 10A Upper Shader, Barvas, Isle of Lewis HS2 0RQ
Acoholics Anonymous	01851 702221	Francis Street, Stornoway, Isle of Lewis
Alzheimer Scotland (Lewis & Harris Branch)	01851 702123	18 Bells Rd, Stornoway, Isle of Lewis, HS12PA
Ark Housing Association	01851 705753	61 Westview Terrace, Stornoway, Isle of Lewis HS1 2LD
Autism Eilean Siar		PO Box 1, 30 Francis Street, Stornoway, Isle of Lewis Autism.eilean.siar@gmail.com
Bernera Community Club	01851 812448	Bernera Community Centre, Breasclete, Great Bernera, Isle of Lewis HS2 9LT
Bethesda Care Home/Hospice	01851 706222	Springfield Rd, Stornoway, Isle of Lewis, HS1 2PS
British Red Cross	01851 702897	7 Bayhead, Stornoway, Isle of Lewis, HS1 2DU
Càirdeas Back Senior Citizens Club	01851 820301/820625	10 Coll, Back, Isle of Lewis
Càirdean Còrdail Ceann a Loch	01851 830313	c/o Mrs Etta MacDonald, 10 Tomair, Balallan, Isle of Lewis
Càirdean Harris House	01859 502194	Leverhulme Rd, Tarbert, Isle of Harris
Caraidean Og Allt nan Gall		Duncan@duncanbranchuie.force9.co.uk
Carlway Sunshiners	01851 621703	c/o Anne Galbraith, 28 Tolsta Chaolais, Isle of Lewis HS2 9DW
Chest, Heart & Stroke, Scotland	07860271590	
Citizens Advice Bureau	01851 705727	41-43 Westview Terrace, Stornoway, Isle of Lewis
Citizens Advice Bureau	01859 502431	Pier Road, Tarbert, Isle of Harris

Clann an Là Dè		c/o Margaret MacLean
Commun Chròig	01851 840374	c/o Flora Matheson, Greenacres, Lower Barvas, Isle of Lewis
Counselling & Family Mediation	01851 705600	23 Keith St, Stornoway, Isle of Lewis, HS1 2JA
Crossroads (Lewis)	01851 705422	Grianan Centre, Westview Terrace, Stornoway, Isle of Lewis, HS1 2LD
Crossroads (Harris)	01859 502171	Tigh an Urrais, Tarbert, Isle of Harris, HS3 3DB
Deaf & Friends of Deaf	01851 820515	65 Lighthill, Back, Isle of Lewis, HS2 0LF
Dyslexia Group	01851 880286	dyssexothebrides@yahoo.co.uk
Enable	01851 870419	c/o Alex John Murray, 14B Upper Bayble, Isle of Lewis
Happiness	01851 810353	c/o Joan Morrison
Harris Disability Access Panel	01859 530273	Ceol na Mara, 4 Finsbay, Isle of Harris, HS3 3JD
Harris Disabled Group	01859 502031	c/o M Campbell, Koziden, Ardvourlie, Isle of Harris
Harris Voluntary Service	01859 502171	Tigh an Urrais, Tarbert, Isle of Harris, HS3 3DB
Hebridean Men's Cancer Support Group	01851 702263	11 Battery Park Road, Stornoway, Isle of Lewis HS1 2RZ
Hebrides Alpha	01851 705054	The Old Casting Shed, Rigs Rd, Stornoway, Isle of Lewis, HS1 2RF
Leverburgh Care Home	01859 520296	Ferry Rd, Leverburgh, Isle of Harris, HS3 3UA
Lewis & Harris Breast Cancer Support Group	01851 700345	20 Kenneth St, Stornoway, Isle of Lewis, HS1 2DR
Lewis Disability Access Panel	01851 870036	Gordon Thomas, 17 Portvoller, Point, Isle of Lewis HS2 0HT
Lewis Retirement Centre	01851 820657 or 07747166758	Bayhead, Stornoway, Isle of Lewis
Lewis St Project	01851 706888	Flat 1, 6 Lewis St, Stornoway, Isle of Lewis, HS1 2JF
Lochs Afternoon Lunch Club	01851 880251	Ravenspoint, Kershader, Isle of Lewis
MacMillan Cancer Support	01851 820980	58 upper Coll, Back, Isle of Lewis
MS Western Isles	01851 702564/704770	Grianan Centre, Westview Terrace, Stornoway, Isle of Lewis, HS1 2LD
Musical Memories	01859 502171 or 01859 502588	C/O HVS, Room 15, Council Offices, Tarbert, Isle of Harris HS3 3BG

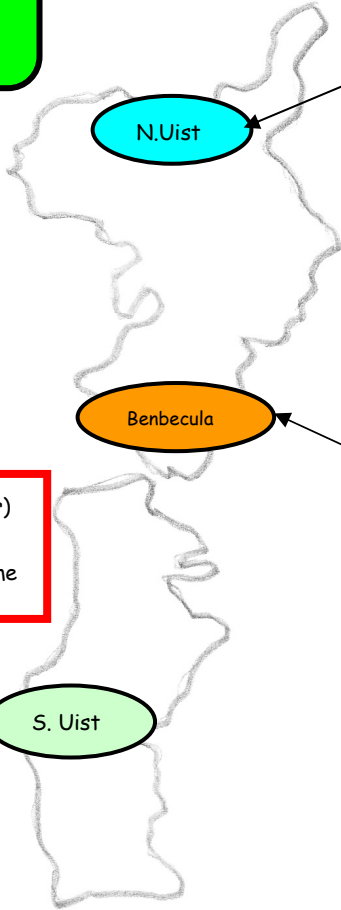
Neuro Hebrides	07443513761	neurovoiceswi@gmail.com
Newton Senior Citizens Club	01851 704005	c/o Alice Macdonald
Obbe Day Centre	01859 520379	c/o Morag Mackenzie, 17 Strond, Isle of Harris
Penumbra	01851 706360	Bayhead St, Stornoway, Isle of Lewis, HS1 2DU
Salvation Army	01851 703875/705676	Bayhead, Stornoway, Isle of Lewis HS1 2DZ
Samaritans	01851 703777	87 Cromwell Street, Stornoway, Isle of Lewis
Silver Darlings	01851 860371	North Lochs community Centre, Leurpost, Lochs, Isle of Lewis
Staran	01851 709025	Old Mill, Sandwick Rd, Stornoway, Isle of Lewis
Stornoway Free Church	01851 703860	MA Memorial Hall, Kenneth St, Stornoway, Isle of Lewis
Stornoway PHAB Club	01851 705818/707028	16 Newton St, Stornoway, Isle of Lewis, HS1 2RE
Tarbert Day Centre	01859 502078	Johan Morrison, Bank House, Tarbert, Isle of Harris
The Leanne Fund	info@thelleannefund.co.uk	PO Box 9939, Stornoway, Isle of Lewis
Third Sector Hebrides	01851 702632	30 Francis St, Stornoway, Isle of Lewis
Tolsta Golden Age Group	01851 890267	c/o Mary Maciver, 44 North Tolsta, Isle of Lewis
Tong Carraidean Club		ishbelgrant@hotmail.co.uk
Tong Recreation Association	01851 703593	Tong Community Hall, Tong, Isle of Lewis
Voluntary Action Lewis	01851 706065	30 Francis St, Stornoway, Isle of Lewis HS1 2ND
W.I. Carers & Users Supporters Net-work	01851 702632	PO Box 16, Voluntary Action Lewis, Francis Street, Stornoway, Isle of Lewis
WI Community Care Forum	01859 502588	Room 14, Council Offices, Tarbert, Isle of Harris HS3 3BG
WI Kidney Patients Association	01851 703987	Maryhill, Stornoway, Isle of Lewis, HS2 0DJ
WI Rape Crisis Centre	01851 709965	74 Kenneth St, Stornoway, Isle of Lewis, HS2 0DJ
WI Sensory Centre	01851 701787	Esplanade Court, Stornoway, Isle of Lewis HS1 2XA
WI Women's Aid	01851 704750	53A Bayhead St, Stornoway, Isle of Lewis, HS1 2DZ
WIAMH & Catch 23	01851 704964	23 Bayhead St, Stornoway, Isle of Lewis, HS1 2DU

UIST & BARRA

Uist & Barra Groups

Uist
 Population - 4513
 Population 65+ - 963

- Alcoholics Anonymous
- Bayhead & Sollas Snr. Citizens club
- Cancer Care Forum
- Eaval Club
- Ros Chraobh
- Uruchadh Uibhist



- Advocacy Western Isles
- Caladh Trust
- Caraidean Uibhist
- Citizens Advice Bureau
- Evergreen
- Happy People (Griminish)
- Lochy Club
- McMillan Cancer Support
- Oiteag Ùr Rising 60s
- Taigh Ceilidh (Griminish)
- Tagsa Uibhist
- Transport Services
- Uist Council of Voluntary Orgs.
- Uist Disability Access Panel

- Bridge Project Uist (Eochar)
- Cothrom Ltd (Ormiclete)
- Doigheag Respite Care Home

S. Uist

Lunnaig Senior Citizens Club

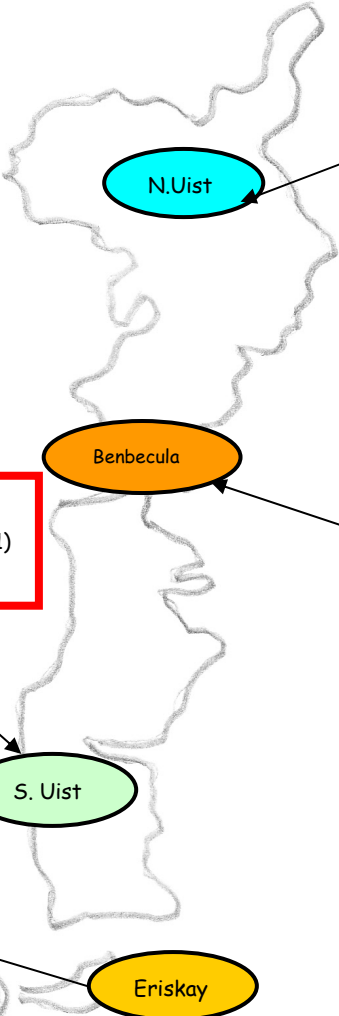
Barra

- Barra Disability Access Panel
- Citizens Advice Bureau
- Cobhair Bharraigh
- Voluntary Action Barra & Vatersay
- Garadh a' Bagh a' Tuath

Barra
 Population- 1172
 Population 65+ - 257

Uist & Barra Services

Uist
 Population - 4513
 Population 65+ - 963



- Day Club (2)
- Practical Support & Advice for cancer patients
- Complementary therapies for cancer & long term illnesses
- Support for alcohol addictions

- Addiction & Counselling (1)
- Mental/Medical Support (1)
- Respite Care Home

- Advice Service
- Addiction & Counselling (1)
- Befriending (1)
- Carer Support & Training
- Domestic Service
- Disability Access Issues
- Gardening Scheme (1)
- Handyman Service
- Horticulture Project
- Independent Advocacy (1)
- Medical/Mental Support (3)
- Self Direct Support
- Social Club (4)
- Skills training (1)
- Support for cancer patients
- Support for Older People (4)
- Transport Support (2)
- Trust Fund for Disabled (1)

Social Club

- Advice Service
- Community Newspaper (1)
- Community Radio (1)
- Day Care (Lunch provided) (1)
- Day Club (Men's) (1)
- Day Club (Transport provided)
- Disability Access Issues
- Home Support for Elderly (1)
- Support & Advice for Community Groups (1)
- Support for Carers (1)
- Transport Support (1)
- Support for people with Learning Disabilities

Barra
 Population- 1172
 Population 65+ - 257

Uist & Barra Groups & Services

Benbecula

Advocacy Western Isles

Independent advocacy Support

Caladh Trust

Addiction & Mental Health Support

Caraidean Uibhist

Support for Older People

Citizens Advice Bureau

Advice Service

Evergreen

Social Club

Happy People (Griminish)

Transport Service

Social support

Lochy Club

Social Club

McMillan Cancer Support

Support for cancer patients

Mental Health Outreach Scheme

Support & Information to help manage Health & Well-being

Oiteag Ùr Rising 60s

Social Club

Taigh Ceilidh (Griminish)

Social

Tagsa Uibhist (Charity)

Home Support

Respite for Carers

Cancer Support

Doigheag Respite Care Home

Carer Support & Training

Tagsa Uibhist Community Services

Transport Service

Horticulture Project

Handyman Service

Outreach Mental health Support

Domestic Service

Self Direct Support

Oiteag Ur/Rising 60s Clubs

Third Sector Hebrides

Support for Elderly (different projects)

Gardening Scheme

Trust Fund for Disabled

Thrift Shop

North Uist

Alcoholics Anonymous

Support for people with alcohol addictions

Bayhead & Sollas Snr Citizens Club

Day Club (Transport provided)

Cancer Care Forum

Practical Advice & Support for cancer patients

Eaval Club

Day Club

Ros Chraobh

Complementary therapies for cancer & long term illnesses

Uruchadh Uibhist

Nursery and Informal Learning

South Uist

Bridge Project Uist (Eochar)

Addiction & Support Counselling

Cothrom Ltd (Ormiclete)

Mental Health Support#

Volunteering Opportunities

Skills Training

Eriskay

Lunnaig Senior Citizens Club

Social Club

Uist & Barra Groups & Services

Barra & Vatersay

Barra Disability Access Panel

Disability Issues & Advice

Citizens Advice Bureau

Advice Service

Cobhair Bharraigh

Day Care Service (Lunch provided)

Home Support for Elderly

Support for Carers

Men's Group

Day Club

Voluntary Action Barra & Vatersay

Transport Support

Support & Advice for Community Groups

Community Newspaper

Community Radio

Garadh a' Bagh a' Tuath

Support for people with learning disabilities

Tuesday Club

Day Club (with transport)

Uist & Barra Contacts

Group Name	Contact Number	Address
Advocacy Western Isles (Uist & Barra)	01870 603891	East Camp, Benbecula, HS7 5LA
Alcoholics Anonymous	01876 540253 (Mary MacInnes)	
Barra Citizens Advice Bureau	01871 810608	Castlebay, Isle of Barra HS9 5XD
Barra Disability Access Panel	01871 890236	c/o Margaret MacLeod,Tigh a Chiuil, 243 Brnemish, Northbay, Barra HS9 5UY
Bayhead and Sollas Senior Citizens Club	01876 560214	Mary Stewart
Bridge Project Uist	01870 610737	Clachan Cottage, Eochar, S Uist, HS8 5RA
Caladh Trust	01870 603888	An Caladh, East Camp, Benbecula, HS7 5LA
Cancer Care Forum	01870 603233 (Sheena Stewart)	23 Winfield Way, Baliyanich, Benbecula, HS7 5LH
Carraidean Uidhist	01870 602233	23 Winfield Way, Baliyanich, Benbecula, HS7 5LH
Cobhair Bharraigh	01871 810906	Kentangaval, Castlebay, Barra, HS9 5XL
Citizens Advice Bureau	01870 602421	45 Winfield Way, Baliyanich, Benbecula HS7 5LH
Cothrom Ltd	01878 700910	Learning Centre, Ormiclete, S Uist, HS8 5SB
Eaval Club	01876 580328	Ann Rabbitts (Secretary) rabbitts@hebrides.net
Evergreen	01870 602111	East Camp, Benbecula, HS7 5LA
Garadh a' Bagh a' Tuath	01871 890765	Bothan, Bayherivagh, Isle of Barra HS9 5QY
Gerinish Senior Citizens Club	01870 603881	
Happy People	01870 603881	East Camp, Benbecula, HS7 5LA
Lochy Club	01870 603881	East Camp, Benbecula, HS7 5LA
Lunnaig Senior Citizens Club	01871 810552	Isle of Eriskay
Macmillan Cancer Support	01870 603010	Winfield Way, Baliyanich, Benbecula
Men's Club	01871 810906	Kentangaval, Castlebay, Barra, HS9 5XL

Mental Health Outreach Service (Tagasa Uibhist)	01870 602111	East Camp, Benbecula, HS7 5LA
Oiteag Ùr Rising 60's	01870 602111	East Camp, Benbecula, HS7 5LA
Ros Chraobh	01870 602554 (Athlene MacKenzie)	
Taigh Ceilidh	01870 602180	
Transport Services (Tagasa Uibhist)	01870 602111	East Camp, Benbecula, HS7 5LA
Tagasa Uibhist (Charity)	01870 602111	East Camp, Benbecula, HS7 5LA
Third Sector Hebrides	01870 602117	41 Airport Rd, Benbecula, HS7 5LA
Tuesday Club	01871 890272 (Mary Bell Galbraith)	24 Ardmore, Isle of Barra HS9 5YB
Uist Citizens Advice Bureau	01870 602421	45 Winfield way, Balivanich, Benbecula HS7 5LH
Uist Disability Access Panel	01870 602111	c/o Alison Macdonald, East Camp, Benbecula HS7 5LA
Uruchadh Uibhist	01786 580390	Kirkbost Centre, North Uist HS6 5EP
Voluntary Action Barra & Vatersay	01870 810401	Castlebay, Barra, HS9 5XD