

SUMMER/AUTUMN  
2016



CARERS' NEWSLETTER

## Are you a carer in need of a break?

ONE lucky carer can have the opportunity to spend a week, between November and February, in self catering accommodation in **Luskentyre**, Isle of Harris.

**Accommodation is free**, you only need to pay for travel, meals etc.



Norman Ian and Leona MacKay, the owners of this self catering annexe, have kindly offered a week's free accommodation for a family carer.

To view this beautiful property, click on:

<http://www.harrisholidaycottage.co.uk/properties/luskentyre-lodge-isle-harris-self-catering/>

Property consists of:

- Kitchen / Dining / Lounge
- 1 double bedroom
- 1 twin bedroom
- Vestibule
- Shower room

If you would like to take advantage of this opportunity, please contact the office for an application form. The closing date for applications is 15th October 2016. The carer selected will be notified by 31st October 2016.

**LARGE PRINT NEWSLETTER AVAILABLE—PLEASE CONTACT US**

**WICCF IS JOINTLY FUNDED BY WIHB AND CNES**

WICCF, Room 14, Council Offices, Tarbert, Harris, HS3 3BG Tel: 01859 502588  
[info@wiccf.co.uk](mailto:info@wiccf.co.uk)



Supporting People Affected by Neurological Conditions Throughout The  
Western Isles

## NEURO HEBRIDES



**Do You Or Someone You Care For Suffer From  
A Neurological Condition?**

**Neuro Hebrides is a friendly and informal support  
group offering the opportunity to look around NHS  
Western Isles' new Centre for Independent Living**

**(Showing how technological aides work  
together with advice and support to help  
independent living)**

**So Why Not Join Us?**

**On Tuesday 27th September**

**1:30pm - 3pm**

**At the Grianan Day Centre**

**(Followed by a Cuppa & Cake till 4:30pm)**

**The Grianan Centre is on Westview Terrace, Stornoway. It has good  
disabled access, facilities and parking, but let us know beforehand if you  
will need any assistance on the day**

**For Further Information Please Contact Anne at:  
neurovoiceswi@gmail.com or Nicky on: 07443513761**

### Short Breaks Fund

**Short**  
breaks fund

We are delighted to have been successful in obtaining further funding from Shared Care Scotland. Awards of £150 will be made to carers in November 2016 and in February, April and June 2017. The purpose of these awards is to provide respite breaks for carers and this can take many forms. Carers could consider a short holiday, gym membership, pampering, driving lessons, pursuit of hobbies or provision of care for the cared for person to allow time-out for themselves. The list is endless!

Applications will be accepted from September. Application forms are available from the office or can be downloaded from the new website, after it is launched.

## **WICCF are launching a new web-site—www.wiccf.org.uk.**

The site contains a lot of information and we're looking at a launch date of week commencing 12<sup>th</sup> September.

We plan to add to it over the coming months and we would appreciate your feedback (good or bad) so that we have a website that meets your needs

## **Carers Trainers Project**

We are delighted to report that we have received funding to continue this project for another year. Our sincere thanks go to The Carers Information Strategy Group, The Robertson Trust, Western Isles Development Trust, Hor-shader Development Trust, North Harris Trust, Urras Oighreachd Ghabhsainn, Cllrs I Mackenzie and R Mackay who all provided funding.

The Carers Trainers Project supports carers in their own homes by offering training, completion of carer support plans and signposting/referral to agencies and services that can support carers. Many carers find this support invaluable and can benefit both practically and financially.

If you are caring for somebody and would like a visit, please contact one of our trainers:

**Lewis & Harris** – Hannah Knight 07554831711  
**Uist & Barra** - Linda Macdonald 07881614684



## **NEW SERVICE—Personal Assistant Directory**

Our new website was created to accommodate a new project - an online Personal Assistant Directory

This project won first prize at last year's Take Action Highlands and Islands Competition and received £1000 towards its development. The balance of the required funding was secured from Highlands and Islands Enterprise and we are very grateful to them for their support.

This is a signposting service for anybody looking to employ a personal assistant (formerly called paid carers) within the Western Isles. If you are in receipt of Direct Payments or wish to privately employ somebody, you can search our Directory for a suitable employee. We do recommend you go through the usual interviewing process and check qualifications for any prospective employee.

Information on payroll services, contract templates and useful links are also included.

We hope to be able to recruit many more personal assistants over the coming months. If you are interested in signing up, or know of somebody who is, please contact our office or download the application form on-line.



## Loganair Compassionate Travel Policy

In the event of a death in your immediate family, an unexpected critical medical situation, or the need to visit an immediate family member receiving treatment as an in-patient in a mainland **(or island if you live on the mainland)** hospital or hospice, you may find that you need to arrange urgent air travel at short notice, and thus do not have the time to qualify for an advance purchase discounted fare.

The following information explains when Loganair can offer assistance for new ticket purchases on Loganair services – known as **Compassionate Fares** - or changes to existing bookings on Loganair services – known as **Compassionate Flexibility**. In each case we require documentation to support that your request for Compassionate Fares or Compassionate Flexibility relates to an immediate family member and a recent bereavement, an unexpected critical medical situation, or said member undergoing in-patient treatment in hospital.

Please note approval for compassionate consideration is at the sole discretion of Loganair.

### How much does a Compassionate Fare cost?

Route	ADS Return Fare	Non ADS Return Fare
Barra / Glasgow	N/A	£73.81
Benbecula / Glasgow	£121.81	£175.81
Benbecula / Inverness	£109.53	£159.53
Benbecula / Stornoway	N/A	£87.08
Stornoway / Edinburgh	£122.70	£176.70
Stornoway / Glasgow	£121.81	£175.81
Stornoway / Inverness	£86.13	£120.53

*(Fares based on HMRC Air Passenger Duty and airport taxes as at September 2015)*

#### The definition of 'immediate family' is:

**For Bereavement:** The spouse, de facto partner, parent, child, grandparent, grandchild, brother, sister, of the deceased. The list includes any same sex / adopted / great / half / step / in-law version of the list. The definition extends to a member of the clergy or their equivalent minister of religion who will be presiding over the funeral.

**Unexpected and critical medical situation:** In addition to the person who has suffered the unexpected and critical medical situation, their spouse, de facto partner, parent, child, grandparent, grandchild, brother, sister. The list includes any same sex / adopted / great / half / step / in-law version of the list.

**In-Patient receiving treatment:** The spouse, de facto partner, parent, child, grandparent, grandchild, brother, sister, of the patient. The list includes any same sex / adopted / great / half / step / in-law version of the list.

There is a list of terms and conditions on the website - <http://www.loganair.co.uk/ctp/compassionate-travel-policy> which includes more in-depth information on all of the above. If you don't have internet access, please contact us (details on front page.)

**Documentation** confirming that a member of your Immediate Family has passed away, is in an unexpected critical medical situation, or is in hospital as an in-patient needs to be provided if you wish to be considered for a Compassionate Fare or Compassionate Flexibility. (There is a template available on the Loganair website for this.)

If you have a scientific background, **The Murdoch Charitable Trust** exists to provide support to those in financial difficulty. To be eligible you must be over 50 years of age and have worked either as a professional or an amateur in a branch of the sciences (including teaching, medicine and nursing) For further information or an application form please write to: The Murdoch Charitable Trust, The Royal Bank of Scotland Plc, Trust Administration, Eastwood House, Glebe Road, Chelmsford, Essex CM1 1RS. Telephone 01245 292452